



CAMBRIDGE CITY FOODBANK NEEDS YOUR SUPPORT

Please help The Trussell Trust feed those in need this Christmas

Over 90% of the food distributed by food banks in [The Trussell Trust](#) network is donated by the public – that's why your food donations are absolutely vital to our ability to give everyone referred to us a balanced and nutritious three day supply of food.

Our shopping list on the right shows the food items that we need right now.

Donation points nearby (Asda - for goods bought instore only)

Asda, Beehive Centre, CB1 3ER

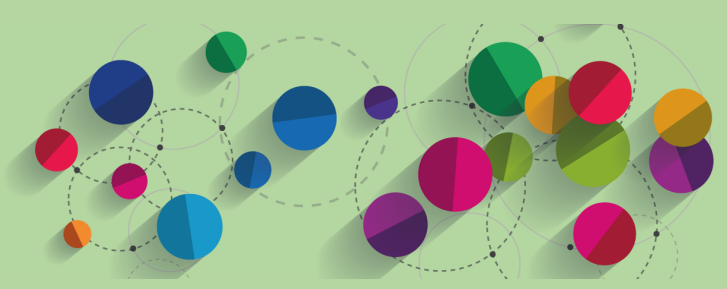
Mon-Sat 06:00 – 00:00

Sun 10:00 – 16:00

Sainsbury's, Brooks Road CB1 3HP

Mon-Fri 07:00 – 23:00

Sun 10:00-16:00



OUR CURRENT MOST NEEDED LIST:

**BAG FOR LIFE (OR SIMILAR STRONG
PLASTIC CARRIER BAGS)**

RICE PUDDING

INSTANT COFFEE

TINS OF SALMON OR TUNA

OLIVE OIL 500ML

CHOCOLATE YULE LOG

LONG-LIFE JUICE

LARGE HAM (CANNED)

**MEALS IN CANS (EG. CHICKEN IN SAUCE,
CHILLI)**

TINNED VEGETABLES

SOAP / ANTI-BAC HAND GEL

LAUNDRY POWDER
