



## COVID RESTRICTIONS IN CAMBRIDGE

More details on what can remain open in a Tier 4 area and what you can/can't do

Cambridge City Council has shut the City centre market, following discussions with public health partners, to avoid attracting people to the city centre and to help reduce the spread of coronavirus in the city.

Tier 4 includes a 'Stay At Home' order, but unfortunately The city centre and market is a focus for people to come out not just for essential shopping, but to visit the city, buy takeaway food, and mingle in crowded spaces. Public health officials are clear that while outdoor spaces are generally safer than indoor spaces, crowded outdoor locations, where people can't socially distance, also help the virus to spread.

## What is open in the New Year?

Businesses that are deemed to provide essential goods and services can remain open in a Tier 4 area, provided they follow Covid-19 guidelines. Some of these are:

food shops, supermarkets, off-licences and market stalls selling essential retail, pharmacies, garden centres, repair services, petrol stations, banks and post offices, laundrettes and dry cleaners, medical and dental services, vets and pet shops

## What is closed?

Other businesses are closed or provide restricted services. These include non-essential retail, such as clothing and homeware stores, cafes, pubs and restaurants (unless for

takeaway, click-and-collect, drive-through or delivery), accommodation such as hotels, hostels, guest houses and campsites, except for specific circumstances, leisure and sports facilities, theatres, cinemas and other indoors entertainment venues and attractions, personal care facilities such as hairdressers and nail salons, community centres and halls must close except for a limited number of exempt activities

## Can I travel?

You should avoid travelling, but if you have to do so, you should stay local - meaning avoiding travelling outside of your village, town or the part of a city where you live - and look to reduce the number of journeys you make overall.



