



## **CRUSE BEREAVEMENT CARE**

If you, or someone you know, is affected by bereavement, Cruse Bereavement Care can offer support. The number is 0808 808 1677, or you can email helpline@cruse.org.uk.

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The Cruse Bereavement Care Freephone National Helpline is staffed by trained bereavement volunteers, who offer emotional support to anyone affected by bereavement.

The number is **0808 808 1677**, or you can email <a href="mailto:helpline@cruse.org.uk">helpline@cruse.org.uk</a>.

The helpline is open Monday-Friday 9.30-5pm (excluding bank holidays), with extended hours on Tuesday, Wednesday and Thursday evenings, when they are open until 8pm.