



## EASING THE LOCKDOWN

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- Spend time outdoors, including private gardens and other outdoor spaces, in groups of up to six people from different households, following social distancing guidelines.
- Visit car showrooms and outdoor markets.
- In line with the arrangements made by your school, send your child to school or nursery if they are in early years, reception, year 1 or year 6, if you could not before.
- At all times, you should continue to adhere to strict social distancing guidelines when you are outside your home, particularly ensuring you are two metres away from anyone outside your household.
- From June 15th, it will be compulsory to wear a face covering or mask when travelling on public transport (buses, trains, aircraft and ferries).

People who are shielding remain vulnerable and should continue to take precautions but can now leave their home if they wish, as long as they are able to maintain strict social distancing. If you choose to spend time outdoors, this can be with members of your own household. If you live alone, you can spend time outdoors with one person from another household. Ideally, this should be the same person each time. If you do go out, you should take extra care to minimise contact with others by keeping 2 metres apart.

Government's full advice can be read here:

[https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-ou  
tbreak-faqs-what-you-can-and-cant-do](https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-ou<br/>tbreak-faqs-what-you-can-and-cant-do)