



I NEED HELP (COVID-19)

Advice if you or a member of your family has a medical condition which makes you extremely vulnerable to coronavirus (COVID-19).

If you or a member of your family has a [medical condition which makes you extremely vulnerable to coronavirus \(COVID-19\)](#), you can still receive help with shopping, collection of medicines or a friendly ear to listen.

There are lots of organisations, charities and community groups reaching out to help people. If you are someone who can't find the help you need, or you know of someone who is in need of help please contact Romsey Mill on 07933 671101 or Cambridge City Council on 01223 458780.