



## WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS AND FOOD

It is very unlikely that you can catch coronavirus (COVID-19) from food - here's the latest government advice

- It is very unlikely that you can catch coronavirus (COVID-19) from food.
- Cooking thoroughly will kill the virus.
- COVID-19 is a respiratory illness. It is not known to be transmitted by exposure to food or food packaging.
- Everyone should [wash their hands](#) regularly with soap and water, for at least 20 seconds, to reduce the risk of illness.
- It is especially important to wash hands before handling food or eating.